Development/Plasticity/Repair

Adult-Born Hippocampal Neurons Are More Numerous, Faster Maturing, and More Involved in Behavior in Rats than in Mice

Jason S. Snyder, Jessica S. Choe, Meredith A. Clifford, Sara I. Jeurling, Patrick Hurley, Ashly Brown, J. Frances Kamhi, and Heather A. Cameron
Unit on Neuroplasticity, National Institute of Mental Health, National Institutes of Health, Bethesda, Maryland 20892

Neurons are born throughout adulthood in the hippocampus and show enhanced plasticity compared with mature neurons. However, there are conflicting reports on whether or not young neurons contribute to performance in behavioral tasks, and there is no clear relationship between the timing of maturation of young neurons and the duration of neurogenesis reduction in studies showing behavioral deficits. We asked whether these discrepancies could reflect differences in the properties of young neurons in mice and rats. We report that young neurons in adult rats show a mature neuronal marker profile and activity-induced immediate early gene expression 1–2 weeks earlier than those in mice. They are also twice as likely to escape cell death, and are 10 times more likely to be recruited into learning circuits. This comparison holds true in two different strains of mice, both of which show high rates of neurogenesis relative to other background strains. Differences in adult neurogenesis are not limited to the hippocampus, as the density of new neocortical neurons was 5 times greater in rats than in mice. Finally, in a test of function, we find that the contribution of young neurons to fear memory is much greater in rats than in mice. These results reveal substantial differences in new neuron plasticity and function between these two commonly studied rodent species.

Introduction

Adult neurogenesis, the birth of neurons in the adult animal, has been observed in the dentate gyrus of mice (Kempermann et al., 1997b), rats (Cameron et al., 1993), macaques (Gould et al., 2001), and humans (Eriksson et al., 1998) and is regulated quite similarly across species. For example, stress decreases granule cell precursor proliferation in mice, rats, and marmosets, while antidepressant treatments increase cell proliferation in all tested species (Malberg et al., 2000; Mirescu and Gould, 2006; Sahay and Hen, 2007). The general similarity in the regulation of neurogenesis across species has led to the tacit assumption that findings in one mammalian species can be applied to others, particularly among rodents. Recently, however, detailed studies of the function of adult neurogenesis have produced divergent views of how new neurons contribute to hippocampal physiology and behavior. A number of studies have suggested that new granule neurons contribute electrophysiologically and behaviorally to hippocampal function by 4 weeks of age (Snyder et al., 2005; Winocur et al., 2006; Wojtowicz et al., 2008) and, in several cases, as young as ~2–3 weeks of age (Shors et al., 2001; Snyder et al., 2001; Shors et al., 2002; Madsen et al., 2003; Schmidt-Hieber et al., 2004; Bruel-Jungerman et al., 2005). In contrast, several electrophysiological studies (van Praag et al., 2002; Espósito et al., 2005; Ge et al., 2006; Ge et al., 2007), as well as some morphological (Zhao et al., 2006; Toni et al., 2007) and behavioral (Jessberger and Kempermann, 2003; Kee et al., 2007) experiments, suggest that new neurons are minimally functional at this age, and would be unlikely to be able to contribute to behavior until at least 6–8 weeks of age. Although species has not been considered to be an important factor in these studies, those suggesting early functionality of new neurons were done in rats, whereas those showing more delayed function of new neurons were performed in mice. Thus, the lack of correspondence among findings could be explained if new neurons mature faster and/or make a greater contribution to hippocampal function in rats than in mice.

We designed the current study to directly compare the magnitude, maturation, activity pattern, and behavioral requirement of adult-born granule cells in mice and rats. We find that granule cell maturation in mice lags significantly behind that in rats as seen both with neuronal markers and immediate-early gene expression. The time course of cell death is similar across species, but a much greater proportion of new cells die in mice. The cells that do survive in mice are less likely to be activated by physiological stimuli than young neurons in rats. Finally, inhibition of neurogenesis produces deficits in contextual fear conditioning behavior in rats but not mice. Collectively, these large differences between mice and rats reconcile...
many of the inconsistencies in the observed functionality of new neurons in the hippocampus.

Materials and Methods

Animals and treatment groups. A total of 145 adult male mice and 141 adult male rats were used in the following experiments. C57BL/6 mice (National Cancer Institute Animal Production Area, Frederick, MD) and Sprague Dawley rats (Charles River), common strains for studies of adult neurogenesis, were used in all experiments except one, which used CD1 mice (Charles River) and Long–Evans rats (Charles River) to extend the results to additional strains. All experiments began when the animals were 8–9 weeks old and had been acclimated to the animal facility for at least 1 week. Mice were housed 2–4 per cage, and rats were housed 2 per cage, in different rooms within the same animal facility. All animals had ad libitum availability of food and water and were subjected to a 12 h light/dark schedule with lights on from 6:00 A.M. to 6:00 P.M. For all experiments, bromodeoxyuridine (BrdU) was given intraperitoneally at 200 mg/kg per injection (10 mg/ml in saline with 0.007 N NaOH).

Several slightly different regimens were used for different timelines. To measure immediate-early gene response to maximal stimulation, rats (n = 3–5 per group, 26 total) were given a single injection of BrdU, mice (n = 2–5 per time point, 21 total) were given 2 injections of BrdU 8 h apart to compensate for lower numbers of BrdU+ cells, and all animals were given kainic acid to induce seizures (see below) 90 min before being perfused 7, 11, 14, 21, 28, or 70 d after BrdU injection. To measure the immediate early gene (IEG) response to behavioral activity, rats (n = 4–6 per time point, 23 total) and mice (n = 2–4 per time point, 16 total) were given 2 daily BrdU injections (8 h apart) for 3 d because of the relatively low numbers of IEG+ cells expected after water maze training (Snyder et al., 2009b), and all animals were trained in the water maze (see below) 2 h before perfusion 7, 14, 21, 28, or 70 d after BrdU injection. An additional set of mice was given a single injection of BrdU and perfused 1, 2, 3, 4, or 10 weeks later (n = 4 per time point, 20 total) with no treatment the day of perfusion for BrdU+ cell counts and neuronal marker expression. These mice were compared with rats in the seizure group above, which were also given a single BrdU injection. CD1 mice (n = 8 per time point) and Long–Evans rats (n = 6 per time point) were given a single injection of BrdU and perfused 1, 2, 3, or 4 weeks later to determine rates and time courses of neurogenesis in these strains.

For the irradiation–behavior experiment, mice and rats were irradiated at 8 weeks of age to inhibit adult neurogenesis. Animals were tested for contextual fear conditioning, a hippocampal-dependent test shown to require young neurons in both rats and mice (Saxe et al., 2006; Winocur et al., 1996), 4, or 8 weeks later (n = 10–14 per species per time point). Following behavioral testing, animals were perfused for histological confirmation of loss of neurogenesis.

Seizures. Kainic acid (Tocris Bioscience) was used to induce seizures in mice (35 mg/kg; i.p.) and rats (15 mg/kg; i.p.) to activate the dentate gyrus and induce IEG expression. Though IEGs such as zif268 and Fos are upregulated in very few granule cells under physiological conditions including novelty exposure or learning, virtually all granule cells upregulate IEGs in response to electrical activity during seizures (Cole et al., 1990).

Therefore, seizure-induced IEG expression provides a measure of whether new neurons are functionally integrated into the circuitry (Jessberger and Kempermann, 2003; Snyder et al., 2009b). Initial seizure activity consisted of episodes of stillness, chewing, and head bobbing. Subsequently, stage 5 seizures developed, which were behaviorally characterized by episodes of rearing and falling (Racine, 1972). Stage 5 seizures began 20–30 min after injection in mice and 60–90 min after injection in rats. Seizures were stopped by injection of the GABA agonist sodium pentobarbital (50 mg/kg; i.p.) 30 min after the onset of stage 5 seizure activity. Animals were perfused 60 min later (i.e., 90 min after stage 5 seizure onset). The timing of stimulation and perfusion therefore followed a schedule similar to that in the water maze experiment (see below).

Water maze training. Mice and rats were handled during the week before training to minimize stress and anxiety during training. The water maze was a circular pool, 140 cm in diameter, filled with water. A circular platform, 10 cm in diameter, provided escape but was hidden from the animal by being slightly submerged under water made opaque by the addition of nontoxic white tempera paint (Dick Blick Art Materials). A trial began when the animal was placed in the pool, facing the pool wall, and ended when the animal mounted the platform. If the animal failed to find the platform within 60 s, it was placed on the platform by the experimenter. All animals were left on the platform for 10 s after each trial and were returned to their cage for a 2–3 min intertrial interval. During all training, the experimenter remained hidden behind a curtain during the trials. Animals were released from the N, S, E, and W points of the pool in a counterbalanced manner such that the frequency of releases from a given point was distributed equally across trials. To ensure that animals learned the spatial task efficiently in one day, they received nonspatial and then simple spatial pretraining before the final training day. Rats received both nonspatial pretraining and simple spatial pretraining on the day before spatial training; mice were pretrained spatially 1 d prior and nonspatially 4 d before spatial training. Nonspatial pretraining consisted of 6 trials with the platform located in the center of the pool, a cut (black and white striped cylinder) hanging directly over the platform, and extra-maze cues minimized with black curtains surrounding the pool. During spatial pretraining mice received 6 trials with the platform in the center of the NW quadrant of the pool. The platform was no longer cued locally. Instead, black curtains surrounded the pool and a single white board hanging against one curtain provided a simple spatial reference for locating the platform. For spatial training on the final day, the platform remained in the NW quadrant and all curtains but one were removed, exposing distal spatial cues located on the walls of the room. Animals received 6 spatial training trials and were killed 2 h after the first trial (~100 min after the last trial). Latency to find the platform and mean proximity to the platform were calculated for each trial using EthoVision software (Noldus). For a spatially selective deficit, the difference between the mean distance from the platform location and from a hypothetical “platform” location at the opposite side of the pool should increase across blocks.

Irradiation. Eight-week-old mice and rats were subjected to 10 Gy irradiation on 2 consecutive days to inhibit adult neurogenesis (Snyder et al., 2005). Before irradiation, animals were anesthetized with sodium pentobarbital (50 mg/kg; i.p.). Mice were placed in a Plexiglas jig designed specifically to position the animal for brain irradiation, while shielding the rest of animal’s body with lead. Irradiation was delivered with a Therapax DTX300 x-ray irradiator (Precision Xray) using 2.0 mm Al filtration (300 KVp) at a dose rate of 2.28 Gy/min. Rats were irradiated with a cobalt–60 unit (Eldorado 8, Atomic Energy Canada Limited) using a dose rate of 1.54 Gy/min. The cobalt–60 beam was collimated to a narrow rectangular field directed over the head of the animal. Lead blocks placed on a Plexiglas platform above the rats were used to further shield extra-hippocampal brain regions, the oral cavity and neck.

Contextual fear conditioning. Irradiated and sham-irradiated mice and rats were handled for 3 d during the week before behavioral testing. The testing environment consisted of two conditioning chambers (Coulbourn Instruments) placed in the center of a room, ~2 feet apart, and visually separated by an opaque divider. The chambers had clear Plexiglas walls to give visual access to a contextually rich environment consisting of numerous proximal and distal room cues. For training, animals were placed in the chamber for a total of 12 min. After 5 min of exploration, 7 tone-shock pairings were delivered. The tone was 75 dB, 2000 Hz, 20 s in duration and coterminated with a 1 s scrambled footshock unconditioned stimulus (1.0 mA for rats, 0.6 mA for mice; different sized grid floors for the two species). One-minute intervals separated the unconditioned stimuli. The chambers were cleaned in between trials with a dilute cleaning solution of 2% Simple Green (McMaster-Carr) in water. To test contextual fear memory, animals were placed in the conditioning context 24 h later and the total duration of freezing behavior was monitored for 5 min. To test the specificity of the memory deficit, animals were placed in a distinct context 3 h later, and freezing to a 1 min presentation of the
tone was monitored. Freezing was defined as the absence of all movement save respiration and was analyzed using Freezeview software (Coulbourn Instruments).

**Histological methods.** In all experiments, animals were perfused with 4% paraformaldehyde in phosphate buffered saline (PBS; pH 7.4). Brains remained in fixative overnight after which they were either transferred to 20% sucrose for at least 24 h before being processed (mouse BrdU time-line experiment) or transferred to a 10% glycerol solution for 24 h and then a 20% glycerol solution for 48 h before being processed (all other experiments). Brains were sectioned coronally on a freezing microtome at a 40 μm thickness. For stereological BrdU counts, 1 in 12 series of sections throughout the entire dentate gyrus were mounted onto slides, heated in citric acid (0.1 M, pH 6.0) for 10 min for antigen retrieval, permeabilized with trypsin for 10 min, and denatured in 2 N HCl for 30 min. Sections were then incubated with mouse anti-BrdU antibody (1:100; BD Biosciences; 547800), goat anti-doublecortin (anti-DCX) at 1:200 (Santa Cruz Biotechnology, sc-8066), goat anti-mouse IgG (1:200; Sigma) at room temperature for 1 h, BrdU was then visualized using an avidin-biotin-horseradish peroxidase kit (Vector Laboratories) and cobalt-enhanced DAB (Sigma Fast tablets). Slides were then counterstained with cresyl violet acetate and coverslipped with Permount.

The maturation and activation marker expression profile of BrdU+ cells was determined using immunohistochemical double or triple labeling with fluorescent detection. Free-floating sections were treated with 2 N HCl for 1 h and subsequently incubated simultaneously in two primary antibodies, diluted in PBS containing 0.5% Triton-X and 3% donkey serum, for 1–3 d at 4°C. Primary antibodies used were as follows: rat anti-BrdU antibody at 1:2500 (Accurate, OBT0030), mouse anti-BrdU antibody at 1:200 (BD Biosciences, 547800), goat anti-doublecortin (anti-DCX) at 1:1200 (Santa Cruz Biotechnology, sc-8066), rat anti-polysialic acid (anti-PSA)-neural cell adhesion molecule (anti-PSA-NCAM) at 1:400 (BD Biosciences, CD56, 556325), mouse anti- neuronal-specific nuclear protein (anti-NeuN) at 1:250 (Millipore Bioscience Research Reagents, MAB377), rabbit anti-calcibin (anti-CB) at 1:5000 (Swant, CB38), mouse anti-fibrillar cell nuclear antigen (anti-PCNA) at 1:20 000 (Santa Cruz Biotechnology, sc-56), rabbit anti-zil268 at 1:1000 (Santa Cruz Biotechnology, sc-189), and rabbit anti-Fos at 1:10,000 (Calbiochem, PC38). Visualization was performed with donkey anti-rat Alexa488, donkey anti-goat Alexa555, donkey anti-mouse Alexa555, donkey anti-mouse Alexa633, donkey anti-rabbit Alexa555, and donkey anti-rabbit Alexa647 antibodies (Invitrogen), all at 1:250 dilutions in PBS for 90 min at room temperature. Exceptions were PSA-NCAM staining, which was performed before HCl treatment and BrdU staining and used goat serum and goat anti-rat IgM Alexa594 secondary antibody, and PCNA staining, which included 10 min incubation in citric acid at 90°C before HCl treatment for antigen retrieval. Sections were mounted onto slides and coverslipped with Prolong Gold (Invitrogen).

**Histological data analysis.** Stereological counts of DAB-labeled BrdU+ cells were performed using a 40× objective on a 1 in 12 series of sections through the entire dentate gyrus. All BrdU+ cells located in the granule cell layer or within 20 μm of the granule cell layer (in the subgranular zone) were counted, and the sum was multiplied by 12 to obtain an estimate of the total (bilateral) number of BrdU+ cells per animal.

Cell density measurements were obtained by dividing the number of BrdU+ cells in each animal by the total volume of the granule cell layer in the analyzed sections. To obtain volume measurements, the granule cell layer was traced using Stereoinvestigator software (Microbrightfield) and a 4× objective, and the resulting cross-sectional area was multiplied by the section thickness (40 μm).

Marker expression was examined in ~25 BrdU+ cells per animal, sampled from the entire mediolateral and infrapyramidal—suprapyramidal regions of sections from the dorsal dentate gyrus, using a 60× oil-immersion lens (numerical aperture, 1.25). Expression of DCX, PSA-NCAM, and CB was verified qualitatively by confocal microscopy. To objectively quantify graded expression of Fos, zif268, and NeuN in BrdU+ cells, fluorescence intensity was measured and compared to background levels within each field, as previously described (Snyder et al., 2009b). For the water maze experiment, BrdU+ cells were counted under epifluorescence (100–200 per mouse, 50–100 per rat), and potential BrdU+/IEG+ cells were verified by confocal microscopy as in the seizure animals. For all markers, expression levels are presented as the percentage of BrdU+ cells staining positively for a given marker.

New neocortical and striatal neurons were quantified in animals from the water maze–IEG experiment. Sections were taken from ~0.0 to 0.5 mm relative to Bregma in mice and ~0.8 to 1.6 mm in rats. To quantify neocortical neurogenesis the deep aspect of the neocortex (~225 μm wide) was examined under epifluorescence using a 60× oil-immersion lens. All potential BrdU+/NeuN+ cells were scanned on a confocal microscope at 0.5–1.0 μm intervals to confirm double-labeling (Dayer et al., 2005). The number of neocortical BrdU+ cells examined ranged from 112 to 170 per mouse and from 128 to 350 per rat. Adult-born striatal neurons were similarly counted within a 225-μm-wide band of the dorsomedial striatum, near the subventricular zone, as has been previously described (Dayer et al., 2005). The number of striatal BrdU+ cells examined ranged from 106 to 135 per mouse and from 94 to 163 per rat, and potential double-labeling for BrdU and NeuN was confirmed in all cells via confocal microscopy as in the neocortex.

Statistical comparisons were performed with one-way or two-way ANOVA with significance set at p < 0.05. Bonferroni post hoc tests were used unless indicated otherwise.

**Results**

**Mature pattern of neuronal markers appears more quickly in rat granule cells than mouse granule cells**

All neuronal markers stained strongly and specifically in both mice and rats. DCX is expressed specifically by young neurons and neuronal precursors and plays a role in axon and dendrite outgrowth and branching (Brown et al., 2003; Kerjan et al., 2009; Tint et al., 2009). DCX expression was observed in nearly all 1-week-old BrdU+ cells in both species (89 ± 2% in mice and 89 ± 5% in rats) (Fig. 1A,B). In both species, the percentage of DCX-expressing cells dropped to zero, but the time course of this decrease was significantly different between species (Fig. 1B). Significantly more BrdU+ cells were DCX+ in mice than in rats at 2, 3, and 4 weeks, a difference that was especially pronounced at 3 weeks, when 90 ± 7% of BrdU+ cells express DCX in mice, compared with only 18 ± 7% of cells in rats.

The early neuronal marker PSA-NCAM was expressed in a high proportion of 1-week-old BrdU+ cells (Fig. 1D,E), nearly identical to the proportion expressing DCX. As with DCX expression, mice and rats showed significantly different time courses for loss of PSA-NCAM (Fig. 1E). Rats showed no significant difference between PSA-NCAM expression and DCX expression between 1 and 4 weeks after BrdU injection (F1,25 = 0.76, p = 0.39 for main effect of marker, F(3,25) = 0.59, p = 0.67 for interaction between marker and cell age). Mice, however, showed significantly different expression of PSA-NCAM versus DCX (F1,25 = 51, p < 0.0001 for main effect of marker and F1,25 = 17, p < 0.0001 for marker × cell age interaction), with post hoc analyses showing significantly less PSA-NCAM expression than DCX expression 3 weeks and 4 weeks after BrdU injection (p < 0.001 and p < 0.01, respectively).

Calbindin expression was low in both species 1 week after BrdU injection (8 ± 5% and 9 ± 3% in mice and rats, respectively). Between 1 and 3 weeks, the proportion of CB+ cells increased, reaching a peak of 60 ± 7% and 56 ± 4% in mice and rats, respectively. Even at the longest time points examined, ~40% of BrdU+ cells in the granule cell layer did not express CB (Fig. 1F,G), indicating that while CB expression reflects some level of maturity, lack of CB expression provides no information about cell maturity. Mice and rats showed no significant differences in the expression of calbindin at any time point. Since calbindin’s calcium binding ability plays an important role in mossy fiber–CA3 synapses (Blatow et al., 2003), this lack of spe-
showed ≥80% of cells in rats double-labeled only in cells ≥30 d old. With a more restrictive cutoff (≥5× background), the proportion of NeuN+ cells increased gradually over time (Fig. 1C), giving a curve in rats similar to that of Brown et al. (2003). Using this criterion, the time course of this increase was significantly different between species, with rats having a greater proportion of strongly NeuN+ cells at 2 and 4 weeks after BrdU injection.

**Survival rate of new granule cells is higher in rats than mice**

The total number of BrdU+ cells in the dentate gyrus, based on stereological counts, was three times higher in rats than in mice at the 1 week time point (Fig. 2A). This difference is unlikely to reflect differences in BrdU uptake or kinetics, as previous studies have shown that the dose used here is sufficient to label all S-phase cells in both species and to dilute out of continuously dividing cells at the same rate (Cameron and McKay, 2001; Dayer et al., 2003; Mandyam et al., 2007). Since rats have three times as many granule cells as mice (West and Andersen, 1980), the amount of initial cell production relative to the entire granule cell population appears to be equivalent in the two species.

Mice and rats both showed significant loss of BrdU+ cells between 1 and 10 weeks after BrdU injection (Fig. 2A), as previously described (Brandt et al., 2003; Dayer et al., 2003; Kempermann et al., 2003). Despite the large difference in the number of BrdU+ cells between the two species, linear regression analysis showed that the slopes of the regression lines were not significantly different (p = 0.25; 101 ± 18 cells/d in mice versus 157 ± 40 cells/d in rats), indicating that rats and mice lost the same absolute number of cells per day. Calculated as a percentage of the number of BrdU+ cells at 1 week (Fig. 2B), mice and rats showed significantly different BrdU+ cell loss over the period between 1 week and 4 weeks. Proportional cell loss was similar in the two species from 1 week to 2 weeks after BrdU injection, after which mice showed significantly greater cell loss, retaining only 30% of BrdU+ cells by 4 weeks, compared with 62% of BrdU+ cells in rats. There was no significant loss of cells after 4 weeks in either species. Expressed relative to granule cell layer volume, the density of BrdU+ cells was equivalent in rats and mice at 1 week after BrdU injection (Fig. 2C), again suggesting that initial production of new neurons, relative to the existing population, is similar in the two species. However, the density of BrdU+ cells was significantly lower in mice than in rats at the 4 week time point. Since very few (≈5%) BrdU+ cells expressed the proliferation marker PCNA at the 1 week time point in mice or rats, and this value was not different across species (t test, p = 0.4) (supplemental Fig. 2, available at www.jneurosci.org as supplemental material), loss of...
BrdU\(^+\) cells between 1 and 4 weeks after injection reflects cell death, and not BrdU dilution, in both species, consistent with previous findings (Dayer et al., 2003; Mandyam et al., 2007). Together, these findings indicate that initial production of granule cell precursors occurs at a similar rate in mice and rats, relative to the total population of granule cells, but more than twice as many of the new neurons survive in rats.

Relatively few granule cells survive to maturity in mice
Because of the sizable species difference observed in the proportion of new cells lost during the first month, we compared the total numbers of mature and immature cells at each time point by multiplying total BrdU\(^+\) cell numbers at each point by the percentage of BrdU\(^+\) cells expressing the late neuronal marker NeuN and the early neuronal marker DCX (Fig. 2D–G). In the rat, the number of DCX\(^+\) (immature) cells drops at a steady rate from 1 week to 3 weeks after BrdU injection (Fig. 2D). Over this same time period, there is a nearly equivalent accumulation of DCX\(^-\) cells, indicating that the loss of DCX\(^+\) cells in rats is largely due to their maturation into DCX\(^-\) cells. In mice (Fig. 2F), loss of DCX\(^+\) cells occurs ~1 week later than in rats, between 2 and 4 weeks after cell birth, but occurs at a similar rate during the 2 week period. The change in DCX\(^-\) cells over this time period, however, looks very different from that in rats. Despite a steady loss of DCX\(^+\) cells, the number of mature, DCX\(^-\) cells does not increase at all until 4 weeks, when it shows a very modest increase. Very few mature, DCX\(^-\) cells are produced in the mouse.

NeuN\(^-\) (immature) cells are lost between 1 and 4 weeks in rats (Fig. 2F), with the largest drop between 1 and 2 weeks and no NeuN\(^-\) cells remaining by 4 weeks. NeuN\(^+\) neurons are gained on a similar time course and scale, indicating that many NeuN\(^-\) cells become NeuN\(^+\) cells. In mice (Fig. 2G), the largest drop in NeuN\(^-\) cells occurs between 2 and 3 weeks, one week later than in rats. NeuN\(^+\) (mature) neurons increase steadily between 1 and 3 weeks, but the increase in NeuN\(^+\) cells is much smaller than the decrease in NeuN\(^-\) cells, indicating that there is much more cell death than neuronal maturation.

Additional rat and mouse strains show the same species differences
The rate of adult neurogenesis varies up to twofold across 11 commonly used mouse strains (Kempermann et al., 1997a; Kempermann and Gage, 2002; Balu et al., 2009; Kim et al., 2009a), suggesting that the species differences observed here may not hold for all strains. However, C57BL/6 mice, used for the experiments above, show the highest cell proliferation rate and third-highest rate of overall neurogenesis of these strains, suggesting that mice in nearly all background strains would show an even greater difference from rats. To further investigate whether species differences seen between C57BL/6 mice and Sprague Dawley rats are found in other mouse and rat strains, we examined CD1 mice and Long–Evans rats. CD1 mice show the greatest survival rate and overall rate of neurogenesis of any tested mouse strain (Kempermann et al., 1997a; Kempermann and Gage, 2002; Balu et al., 2009; Kim et al., 2009a), and Long–Evans rats are widely used in behavioral experiments. Consistent with the findings from C57BL/6 mice and Sprague Dawley rats, DCX was expressed significantly longer, and the onset of NeuN expression was delayed, in new neurons from CD1 mice compared with Long–Evans rats (Fig. 3A, B). BrdU counts were greater in Long–Evans rats than CD1 mice at all time points. By 4 weeks, 63% of cells labeled at the 1-week time point remained in Long–Evans rats, whereas only 40% remained in CD1 mice (Fig. 3D). Comparing across all 4 strains, the proportion of cells surviving was higher in both rat strains compared with both mouse strains (Fig. 3E). Expressed relative to granule cell layer volume, the density of BrdU\(^+\) cells was lower at both the 1 week and 4 week time points in CD1 mice compared with Long–Evans rats; therefore, unlike C57BL/6 mice, both initial neuron production and survival is reduced in CD1 mice relative to rats. Long–Evans rats also showed much greater growth of the mature neuronal population than CD1 mice (Fig. 3G–I). Furthermore, the number of immature BrdU\(^+\)
Figure 3. Additional strains of mice and rats confirm species differences in maturation rate and magnitude of neurogenesis. A, Immunostaining for DCX in young granule cells was prolonged in young neurons in CD1 mice compared with young neurons in Long–Evans rats (F(1,46) = 103, p < 0.0001 for main effect of species, F(4,46) = 197, p < 0.0001 for main effect of cell age, and F(1,46) = 21, p < 0.0001 for their interaction). B, Onset of strong expression of the late neuronal marker NeuN was delayed in CD1 mice compared with Long–Evans rats (F(1,46) = 24, p < 0.0001 for main effect of species, F(4,46) = 48, p < 0.0001 for main effect of cell age, and F(1,46) = 8.3, p < 0.001 for their interaction). C, The total number of BrdU+ neurons was greater in rats compared with mice (F(1,46) = 463, p < 0.0001 for main effect of species, F(1,46) = 12, p < 0.0001 for main effect of cell age, and F(1,46) = 5.4, p < 0.01 for their interaction). D, The proportion of new cells surviving to 4 weeks of age was 58% greater in Long–Evans rats than in CD1 mice (Fisher’s post hoc, p = 0.06). E, The proportion of 1-week-old cells surviving to 4 weeks of age was significantly greater in both rat strains than in both mouse strains (F(1,12) = 9.5, p < 0.001 for 1-way ANOVA, *p < 0.05 for post hoc tests). F, The density of BrdU+ cells was lower in mice than in rats at both time points (F(1,12) = 43, p < 0.0001 for main effect of species, and F(1,12) = 35, p < 0.0001 for main effect of cell age). G, H, The total number of young, DCX+ neurons declined to zero approximately the same rate in both rats (G) and mice (H). Loss of immature neurons was balanced by growth of the mature, DCX− population in Long–Evans rats but less so in CD1 mice. I, J, The total number of immature, NeuN− cells declined over 4 weeks in rats (J) and mice (U). Growth of the mature, NeuN+ population was substantial in rats but minimal in mice. 0.05 < *p < 0.1, †p < 0.05, ‡p < 0.01, #p < 0.001 post hoc versus mouse at the same time point, following two-way (species × cell age) ANOVA (A–D, F).

new neurons is a feature of laboratory mice in general, relative to rats, and not a feature of a particular mouse strain.

The species difference extends to the neocortex
To determine whether a higher rate of neurogenesis in rats than mice occurs in other brain regions, BrdU+/NeuN+ cells were quantified in the neocortex and striatum 4 and 10 weeks after BrdU injection. The BrdU+/NeuN+ neuron density in the neocortex was significantly higher in rats than mice (Fig. 4C). This difference was specific to the 4 week time point, when the density of BrdU+/NeuN+ neurons was five times higher in rats than mice. While this and earlier studies (Dayer et al., 2003; Kempermann et al., 2003) have shown that cell death is complete in the hippocampus of both species within 4 weeks, the rat neocortex showed a 57% loss of BrdU+ cells and 85% loss of BrdU+/NeuN+ neurons and between 4 and 10 weeks of age (Fig. 4B). In contrast, the mouse neocortex showed no loss of BrdU+/NeuN+ or BrdU+ cells over this interval. In the striatum, another region in which low levels of adult neurogenesis have been reported (Dayer et al., 2005), no differences in BrdU+/NeuN+ cell density were found across species or across the interval from 4 weeks to 10 weeks postinjection (sup-
Functional maturation assessed by immediate-early gene expression is more rapid in rats than mice

Expression of NeuN and lack of expression of DCX expression are commonly used as indications of neuronal maturation, but inducible expression of immediate-early genes likely provides a better measure of functional maturation. Therefore, to assess the proportion of granule cells at each age that were integrated into the circuitry and could be activated by very strong stimulation, expression of zif268 in response to kainate seizures was measured for the threefold greater total granule cell number in rats. The results above indicate that new neurons in the adult rat dentate gyrus mature faster and are more numerous in rats than in mice. However, they do not reveal whether significant differences also exist in the way adult-born granule neurons are activated.

Spatial learning activates more new granule cells in rats than mice

The results above indicate that new neurons in the adult rat dentate gyrus mature faster and are more numerous in rats than in mice. However, they do not reveal whether significant differences also exist in the way adult-born granule neurons are activated.
during normal physiological situations. Mice might, for example, have less neurogenesis than rats but compensate by recruiting a larger proportion of young neurons during learning. To address this possibility we examined activation of young neurons by a hippocampus-dependent learning stimulus, the spatial water maze task. Rats and mice were given nonspatial and simple spatial pretraining (supplemental Fig. 4, available at www.jneurosci.org as supplemental material), which enabled animals of both species to learn to spatially navigate to a hidden platform in a novel environment in a single block of training (Fig. 6A). Active young neurons were identified by triple immunofluorescent labeling for BrdU, NeuN, and zif268 (Fig. 6B). The proportion of new neurons expressing zif268 changed over time, and this time course differed significantly between mice and rats (Fig. 6C): more young neurons expressed zif268 in rats than mice at the 2 week, 3 week, and 4 week time points, consistent with faster maturation in rats. At 1 week, when new neurons could not be activated even by seizure activity in either species, and at 10 weeks, when new neurons in both species have fully matured, young neuronal activity is similar in mice and rats. The dynamics of zif268 expression suggest that immature neurons in rats show a peak in activity at 3 weeks of age, when 25% of cells were active. In contrast, zif268 expression in mice increased gradually across the time points examined to a maximal value of 4% at 10 weeks.

The seizure activation data (Fig. 5) indicate that not all young neurons are capable of activity-dependent IEG expression at the earlier time points (1–4 weeks). Therefore, the percentage of cells expressing zif268 following the water maze underestimates activation of the functional population, since many nonfunctional neurons are included in this calculation. To estimate the proportion of functional neurons that express zif268 after acute slices (Ge et al., 2007). This analysis was limited to the rostral dentate gyrus, the region more strongly associated with spatial learning, to compare similar populations in the two species. Even greater activation of young granule cells might be expected in the ventral dentate gyrus in rats, based on our recent findings regarding c-fos activation (Snyder et al., 2009a), although it is not clear whether mice would show the same gradient.

Inhibition of neurogenesis impairs contextual fear conditioning in rats but not mice

The faster maturation and larger number of new neurons added to the rat dentate gyrus suggests that new neurons may make a greater contribution to behavior in rats than in mice. To test this hypothesis, we irradiated the brains of mice and rats to inhibit neurogenesis and examined contextual fear conditioning 4 and 8 weeks later. The reduction in neurogenesis was confirmed in all irradiated animals—virtually no young, doublecortin-positive neurons were found in irradiated rats and mice at either time point, whereas many young neurons were found in control animals (Fig. 7). Eight weeks after irradiation, when a large popula-
tion of young neurons is absent, irradiated rats had a pronounced memory deficit, as indicated by reduced freezing in the conditioning context compared with control, sham-irradiated, rats (Fig. 7D). Four weeks after irradiation, when fewer young neurons are absent, we found a modest impairment in contextual fear conditioning; irradiated rats froze less during the first 2 min of the test than controls, indicating a weaker memory for the context (Fig. 7C). No contextual fear impairment was found in a separate group of rats tested 3 weeks after irradiation (supplemental Fig. 5, available at www.jneurosci.org as supplemental material). Freezing to the conditioned tone was not impaired in irradiated rats at any time point, indicating that the deficit is not due to global/nonspecific effects of irradiation on freezing and memory (supplemental Fig. 6, available at www.jneurosci.org as supplemental material). Thus, the contextual memory deficit in rats increases with time since irradiation, consistent with the time course of maturation of new neurons. Irradiated mice showed no evidence of irradiation on contextual fear memory either 4 or 8 weeks after irradiation (Fig. 7G,H). It is possible that this lack of effect of irradiation in mice reflects a 4–6 week delay in maturation of granule cells in mice. However, this explanation seems unlikely because our neuronal marker and IEG data indicate a delay in maturation of ~2 weeks in mice compared with rats. A more likely explanation for these results, then, appears to be that the behavioral impairment observed in irradiated rats, but not mice, reflects the much larger number of new neurons produced and greater recruitment of young neurons during learning, in rats compared with mice.

Discussion

This study demonstrates four major differences in adult neurogenesis between rats and mice. First, there is a 1–2 week delay in the maturation of young granule cells in mice. A delay was observed both in the downregulation of early markers as well as in the onset of the late neuronal marker NeuN. Seizure-induced expression of activity-dependent immediate-early genes was also delayed by 1–2 weeks in mice, suggesting a delay in the formation of functional synapses. Second, the numbers of mature, activatable, new granule neurons are dramatically lower in mice than rats. This is true even after normalizing for the 3× larger granule cell population in rats than in mice (West and Andersen, 1980). Granule cell precursor proliferation is equivalent in rats and C57BL/6 mice, relative to population size (though lower in CD1 mice), but many more new neurons survive in rats. These differences were also found using two mouse strains with the highest rates of neurogenesis, suggesting that they are general features of these two species and not highly strain-dependent. Large differences in BrdU+/NeuN+ cell density in the neocortex suggest that greater adult neurogenesis in rats is not limited to the dentate gyrus. Third, many more young neurons are activated in rats than in mice during hippocampus-dependent behaviors. The proportion of young neurons expressing the activation marker zif268 in rats (no difference if relative hippocampal size is factored in), greater if adjustments are made for the smaller hippocampus in the mouse. This difference reflected 3× higher initial neuronal production or 1 week BrdU+ cell number in rats (no difference if relative hippocampal size is factored in), 2× greater survival between 1 week and 3 weeks, 3× more functionally mature 3-week-old cells (showing seizure-induced zif268), and 5× more activation of the functional population during learning. Fourth, inhibiting adult neurogenesis produced memory impairments in rats but not mice, consistent with a greater functional impact of adult neurogenesis in rats than in mice.

One of the major goals of research on adult neurogenesis is to uncover the role of new neurons in hippocampal functions such as learning and memory or anxiety-like behaviors. Many of the behavioral effects of reduced adult neurogenesis have been found in rats. Behavioral deficits in hippocampus-dependent tasks have been observed as soon as 17–20 d (Shors et al., 2001, 2002; Madsen et al., 2003; Bruel-Jungerman et al., 2005) or 4 weeks (Winocur et al., 2006; Wojtowicz et al., 2008) after inhibition of neurogenesis...
with irradiation or methylazoxymethanol acetate. In light of the immaturity of granule neurons at this age, observed in electrophysiological and morphological studies (Jessberger and Kempermann, 2003; Espósito et al., 2005; Ge et al., 2006, 2007; Zhao et al., 2006; Toni et al., 2007), it has been difficult to imagine how the young neurons could play a role in hippocampal function. However, these electrophysiological and morphological studies have all been performed in mice, which show delayed granule cell maturation relative to rats, as seen here.

Our data are the first to provide a detailed time course of the functional maturation of new neurons in rats. Importantly, our marker and IEG time courses in mice correlate well with the published morphological and electrophysiological rates of maturation, indicating these markers and IEGs provide good substitutes for electrophysiological measurement of synapse formation. The different rates of maturation that we present reconcile the apparent inconsistency between the aforementioned maturation and behavioral impairment studies by suggesting that neurons born in adult rats mature more rapidly than those in mice, so these neurons could contribute to behavior at a younger age in rats than in mice. Notably, the published literature in mice likely reflects a state of enhanced maturation, since most electrophysiological and morphological studies of mice have studied animals housed with running wheels, which accelerates maturation of young neurons (Snyder et al., 2009b). The small number of electrophysiological studies of young neurons in rats are consistent with our findings, as they show significant excitatory synaptic input, long-term potentiation, and IEG expression in cells 3 weeks old (Snyder et al., 2001; Schmidt-Hieber et al., 2004; Bruel-Jungerman et al., 2006; Karten et al., 2006; Ambrogini et al., 2009). Conversely, studies that have observed behavioral impairments with loss of young neurons in mice inhibited neurogenesis for 6–12 weeks, i.e., much longer than in rat studies (Saxe et al., 2006, 2007; Imayoshi et al., 2008).

Our findings suggest that young neurons are more activated by experience and make a greater contribution to behavior in rats than in mice. Blocking neurogenesis produced contextual fear memory impairments in rats that increased with time post-irradiation at a rate that matched the maturation time course. In contrast, inhibiting neurogenesis in mice did not produce any memory impairments, even 8 weeks postirradiation, when the missing neurons would have been relatively mature and functionally integrated. Our results seemingly contradict other findings showing contributions of adult neurogenesis to fear conditioning in mice (Saxe et al., 2006; Imayoshi et al., 2008). However, the majority of studies (Clark et al., 2008; Dupret et al., 2008; Pollak et al., 2008; Zhang et al., 2008; Jaholkowski et al., 2009) have found no effects of inhibiting adult neurogenesis on contextual fear conditioning in mice, consistent with our finding. There is no clear methodological difference that can account for these disparate findings. However, when taken together with the current findings we conclude that while adult neurogenesis may contribute to mouse behavior, its role is more difficult to observe than in rats. One major difference between the rat dentate gyrus and mouse dentate gyrus is that the peak of granule cell development is postnatal in the rat but prenatal in the mouse (Angevine, 1965; Schlessinger et al., 1975), despite the nearly identical gestation time in these two species. The later development of the dentate gyrus in the rat may result in a structure that is more adaptable to changing external environments and more plastic in adulthood. Behaviorally, this could result in rats having a greater bias than mice toward behavioral strategies that require significant plasticity (Whishaw et al., 2001) and/or that strongly rely on the hippocampus (Gerlai and Clayton, 1999).

The differences in adult neurogenesis between mice and rats could reflect a number of genetic and/or environmental factors. Environmental factors such as housing enrichment, learning, and stress can all affect the survival rate of young granule cells (Kempermann et al., 1997b; Leuner et al., 2004; Snyder et al., 2009b). While the animals used in our experiments were standard control animals, it is possible that unidentified features of the standard laboratory housing environment, e.g., group housing or ad libitum unvaried diet, may be differentially enriching or stressful for rats and mice, resulting in greater survival and accelerated maturation of young granule cells in rats. In vitro comparisons between mouse- and rat-derived progenitor cells (Ray and Gage, 2006), as well as the differences in dentate gyrus development described above, suggest that genetic effects on adult neurogenesis could be responsible for the observed species differences. In vivo comparisons across mouse strains (Kempermann et al., 1997a; Kempermann and Gage, 2002) also suggest genetic influences on adult neurogenesis, although cross-fostering studies suggest that many hippocampus-related strain differences may reflect early life experience rather than genes (Zaharia et al., 1996; Caldji et al., 2004). Given the known strain differences in rates of adult neurogenesis, one concern is that the mouse-rat differences seen in the current study might be specific to the strains used. However, C57BL/6 and outbred CD1 mice both showed similarly delayed maturation and decreased survival relative to the two rat strains used in the current study. Since these two mouse strains have the highest rates of cell proliferation (C57BL/6), granule cell survival (CD1), and overall neurogenesis (CD1) of 11 commonly used mouse strains previously tested (Kempermann et al., 1997a; Kempermann and Gage, 2002; Balu et al., 2009; Kim et al., 2009a), the current findings likely reflect a general feature of mice, at least in the laboratory setting. Which of these two species shows rates of neurogenesis more like humans is not known. However, the prolonged development and more complex and flexible behavioral repertoire of the rat compared with mouse (Whishaw et al., 2001) suggest that the rat hippocampus may be the better model for that of the human. The densities of new neurons observed at long survival times in humans (Eriksson et al., 1998), despite relatively advanced age and low doses of BrdU (~10–60 times lower than doses used in rodents), suggest that the number of new neurons produced in humans may be even higher than that in rats. In any case, these findings clearly indicate that adult neurogenesis differs dramatically between mice and rats and emphasize the need to carefully consider species differences when studying adult neurogenesis.

References


**Supplemental Figure 1**: Graded NeuN expression in young neurons. **A**, Immunostaining for NeuN could be found in nearly all young neurons at all time points when weak, but specific, staining (2x background) was included. A small but significant difference was seen in the proportion of cells expressing weak NeuN at 1 week (91% in mice vs. 100% in rats; P<0.01 for main effect of species). **B**, Strong NeuN expression (from main article, for comparison) increased with neuronal age and was greater in rats than in mice at earlier time points. *p<0.001, #p<0.05 post hoc versus mouse at the same time point, following 2-way (species x cell age) ANOVA.
Supplemental Figure 2: Loss of BrdU+ cells is not due to dilution of BrdU in dividing cells. A, A very small proportion of BrdU+ cells were still dividing at the 1 week time point, as seen by coexpression of the cell division marker Proliferating Cell Nuclear Antigen (PCNA). Values were not different between mice and rats (t-test, p=0.4). B, Confocal photograph of a cluster of BrdU+ cells, one of which expresses PCNA (arrow). CB, calbindin; gcl, granule cell layer; sgz, subgranular zone. Scale bar = 10 µm.
Supplemental Figure 3: Adult neurogenesis in the striatum. A, There was no difference in the density of new neurons between mice and rats (ANOVA, P=0.6). Confocal photographs of 4 week-old BrdU+ neurons (arrows) in rat (B) and mouse (C). Scale bar = 10 µm.
Supplemental Figure 4: Latency to escape to the platform during pretraining and training on the final session.  

A. The latency to escape to a visible platform decreased similarly in mice and rats during non-spatial pretraining (P=0.54 for main effect of species in 2-way repeated measures ANOVA).  

B. Rats were significantly faster at escaping to a hidden platform during spatial pretraining (P=0.0012 for main effect of species in 2-way repeated measures ANOVA).  

C. There was a trend for faster escape latencies in rats during the final spatial training session (P=0.064 for main effect of species in 2-way repeated measures ANOVA). There was a significant interaction (P=0.036), with rats being faster at escaping on the fourth trial (*P<0.01 for post hoc comparison with mice at the same time point).
Supplemental Figure 5: Fear conditioning in rats 3 weeks after irradiation. Controls and irradiated rats did not differ in the amount of freezing to context (P=0.98 for main effect of species in treatment x time, repeated measures ANOVA)
Supplemental Figure 6: Fear memory for the conditioned tone. Rats (A, B) and mice (C, D) at the 4-week (A, C) and 8-week (B, D) timepoints showed strong memory for the conditioned tone stimulus, as assessed by freezing levels. There was no difference between control and irradiated animals of either species at either timepoint (t-test, P>0.3 for all).